

# But what can I do?

## 5-Minutes or Less

- Put sturdy shoes under the bed
- Put a flashlight in your night stand
- Store emergency drinking water
- Designate a family meeting space
- Designate an out of area contact
- Practice Drop Cover and Hold
- Ask someone locally to be your emergency contact person
- Talk to your family and friends about disasters.
- Sign up for Regional Public Information Network

## 1-hour or Less

- Strap your water heater down
- Look at home decorations for potential safety issues
- Buy a gas shut off tool & strap it to the meter
- Introduce yourself to 1 neighbor
- Do a 15 minute webinar through the Red Cross ([www.safeinthesound.org](http://www.safeinthesound.org))
- Begin planning for a SNAP meeting
- Inventory your home for disaster supplies
- Shop for needed items for your disaster kit
- Do a scavenger hunt for all the items that could fall during an earthquake.



## 4-hours or Less

- Host a SNAP neighborhood meeting
- Take a skills class
- Put together a “go kit”
- Attend a Home Retrofit Class
- Inventory your community assets
- Apply for a Small & Simple grant through the Department of Neighborhoods [www.seattle.gov/neighborhoods/nmf/](http://www.seattle.gov/neighborhoods/nmf/)
- Host a social event to discuss Emergency Preparedness
- Designate, map, and clear escape routes in your home, business or place of worship
- Host a supply drive to collect items needed for emergency kits
- Organize a Fire station or Fire boat tour [www.seattle.gov/fire/deptInfo/stationTours](http://www.seattle.gov/fire/deptInfo/stationTours).

## Ongoing

- Start a Community Emergency Hub
- Host an annual Night Out party ([www.seattle.gov/police/nightout](http://www.seattle.gov/police/nightout))
- Partner with other organizations to increase your outreach efforts
- Share your gifts and knowledge with others
- Mentor an organization that works with vulnerable populations and help support their efforts to increase emergency preparedness for their clients.
- Prepare to be a Shelter Site [www.redcross.org](http://www.redcross.org)
- Volunteer with the American Red Cross or the Office of Emergency Management